

Portland Small Business COVID Testing Clinic for 2020-2021

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Purpose:

- To offer expedited evaluation and testing for certain community-spread infectious diseases among Portland-area restaurants and small businesses during 2020-21, specifically with regards to COVID-19, influenza, and other upper respiratory illnesses.
- To assist these businesses, and their employees, regardless of insurance status, to continue operations, and minimize sick time, by offering our physician services at a discounted rate, and utilizing our physician network to coordinate expedited testing.

Current state:

- Current free or low-cost state-sponsored COVID testing options exist (see bottom of page) and are available for most everyone, but these testing sites do not offer physician evaluation and turn-around times vary and are unpredictable, sometimes as long as 7-10 days. Private clinics exist, but costs can be high, and few offer consistent rapid-turnaround (24-48 hour) COVID PCR testing. Rapid antigen tests are becoming more available.

Our services:

- Direct primary care physicians can offer the following services:
 - **Doctor telemedicine evaluation same day or next day (M-F) for \$60** - this covers:
 - 10-15 minute telehealth consultation (no in-person exam), suggestions for how to proceed with COVID testing (rapid antigen vs PCR vs both), and brief conversation with small business regarding steps to take while awaiting results (if necessary)
 - For more prolonged telehealth consultations (i.e., back and forth phone calls, complex care coordination, longer conversation with small business), additional rates will be \$50 per 15 minutes
 - **Doctor telemedicine evaluation same day or next day (M-F) for \$100** - this covers:
 - Limited in-person meeting including physical exam (exam and swabs performed in patient's car or outside)
 - Communication with businesses regarding steps to take while awaiting results and/or if a positive test result occurs
 - Testing costs extra and may include:
 - Rapid COVID testing (results in approx 15 min): \$50
 - Rapid flu testing (results in approx 15 min): \$20
 - PCR COVID/flu testing - results in 1-3 days: \$20 or 50 for courier service depending on time of day
 - Rapid strep swab (results in a few minutes): Free
 - Inclement weather: If the physicians determine the weather would prevent safe or reasonable testing (ie blizzard conditions), we will still offer telehealth evaluation but will write an order for testing to be performed at an alternate site
 - Due to having our own medical practices or due to inclement weather, there may be weekdays that we are unable to provide all of the above services. If this is the case, we will do our best to communicate with patients to get them proper evaluation and testing either on a separate day or at a different location.

To see which doctor is seeing small business patients on a given day and how to best contact them, please access the google calendar here:

https://calendar.google.com/calendar/u/0/embed?src=s0ouu3ap0g2h0705bqInvq0fk8@group.calendar.google.com&ctz=America/New_York

- **Members of our direct primary care practices (~\$70-80/mo) always receive telehealth evaluations and COVID testing (PCR and rapid antigen testing). For more information, please find us at:**
 - www.mainefamilycare.com
 - www.gracehealthmaine.com
 - www.fulcrumfamilyhealth.com

- For consistent updates about other COVID testing/evaluation options in the Portland area, please click [here](#)
- \$25 rapid testing, free 72 hour turnaround PCR testing at Jetport, need appt - <https://covidtestforme.com/jetport-la/jetport/>
- Maine recently announced free rapid testing through Walgreens pharmacies, we are waiting to see how available these tests are.